



DCFRONTRUNNERS

The 2023-2024 DC Front Runners Race Circuit came to an end on Sunday, August 25, 2024 and awards were presented at the Anniversary Party on Saturday, October 5, 2024. 333 race results were reported for this season, 34 people completed the race circuit. Congratulations to all finishers and to the recipient of the Spirit of DC Front Runners award, Curtis Sakow!

AWARDS

Winner of the Race Circuit

Carlos Hill

Most Improved

Tim Harrington

Highest-Placing First-Time Finisher

Bill Mogavero

Overachievers

Carlos Hill, Tim Harrington,
Ralph Bayer

Spirit of DC Front Runners

Curtis Sakow



STANDINGS

1. Carlos Hill
2. Erich Huang
3. Brian Beary
4. Blake Rushin
5. Bill Mogavero
6. Curtis Sakow
7. Nate Miller
8. Seth Kalish
9. Emme Price
10. Tim Harrington
11. Michael Lussier
12. Ivan Cheung
13. Elvin Bruno
14. Nina Sheppard
15. Carlos Centeno
16. JR Price
17. Jake Lichtenfeld
18. Andy Price
19. Josh Spencer
20. Aaron Blacksberg
21. John Grunert
22. Erik Schmidt
23. Nick Grant
24. Ryan Goen
25. Lee Storrow
26. Norman Reich
27. Michael Lustig
28. Ben Dobson
29. Fitz Doyle
30. Brian Flanagan
31. Ralph Bayrer
32. Brad Miller
33. Socrates Tiglao
34. Martin Powell

RACE CICRUCIT STATISTICS

Number of Races of Each Distance

5K	164	(49.249%)
8K	4	(1.201%)
5-Miler	1	(0.3%)
10K	26	(7.808%)
12K	2	(0.601%)
15K	6	(1.802%)
10-Miler	57	(17.117%)
20K	1	(0.3%)
Half-Marathon	32	(9.61%)
Marathon	23	(6.907%)
Other	17	(5.105%)

Races with Highest Reported Results

DC Front Runners Pride Run 5K	36
Cherry Blossom 10-Miler	27
PNC Parkway 10-Miler	14
Army 10-Miler	9
Capitol Hill Classic 10K	9

Participants with the Most Completed Races

Carlos Hill	19
Tim Harrington	13
Ralph Bayrer	12
Bill Mogavero	11

ACHIEVEMENTS

Highest Scoring Race Results

1. Carlos Hill - National Police Week 5K (0:19:42 - 79.8780618)
2. Carlos Hill - PNC Parkway Classic 10-Miler (1:10:15 - 77.29755618)
3. Carlos Hill - Lawyers Have Heart 10K (0:42:47 - 75.15073915)
4. Erich Huang - Richmond Marathon (3:05:38 - 74.90975031)
5. Carlos Hill - DC Front Runners Pride Run 5K (0:21:04 -74.69610022)
6. Carlos Hill - Navy Federal 5K 5K (0:21:04 -74.69610022)
7. David Allen - NYC Marathon (2:59:48 - 74.64081877)
8. Carlos Hill - Port City Pursuit 5K (0:21:07- 74.51923495)
9. Zach Baldwin- DC R&R Half-Marathon (1:21:50 - 74.44093686)
10. Daniel Funke - PNC Parkway Classic 10-Miler (1:00:20 - 73.9640884)

Participants with the Most PRs and First-Time Races

Aaron Blacksberg	6
Ben Dobson	6
Bill Mogavero	5
Tim Harrington	4
Fitz Doyle	4
Jake Lichtenfeld	4

DIVISION AWARDS RECEIVED

Farris Carlos Hill	10
Ralph Bayrer	6
Bill Mogavero	5
Curtis Sakow	4
Blake Rushin	3
Seth Kalish	3
Erich Huang	2
Emme Price	2
Caleb-Micheal Files	2
EriK Schmidt	2
Richard Isaacs	2
Michael Lussier	2
David Vecera	2
Norman Reich	2